

Information Packet- Brow Services

Prior to booking an appointment, I ask all Forever Brows & Beauty clients to read and review the Information Packet in full to ensure they are properly informed about my payment and cancellation policies, consent and client record forms, frequently asked questions, and more. It's a lot of information, but it's very important that each client understands everything prior to booking an appointment.

Please let me know if you have any questions or concerns about anything! Thank you so much for trusting me with your beautiful face.

-Rebecca Healey, Permanent Makeup Artist and Owner

Appointment Booking

Once you have reviewed the information in this packet, ask me any questions you have, and then we will choose your appointment date. I will then send you the link to pay the required \$100 booking fee to secure your appointment by email. Your appointment is not considered booked until the deposit is paid, so be sure to pay that as soon as possible! Remember to bring your photo ID to your appointment.

Also, it's very important to book your touch up appointment by end of your initial appointment! This is to ensure that you get a date and time that works for you before our schedule books up. The touch up appointment should be 5-7 weeks after your initial appointment. Lastly, please do not book an appointment without a consultation if you have ever had prior permanent makeup before, no matter how long ago it was or how faded it looks to you.

Eyebrow Permanent Makeup Services

Microblading (hair stroke technique):

- New clients \$550.00. Price includes the inappointment consultation, 6 week touchup, brow shaping, and After Care Kit. Touch ups must be scheduled in advance to ensure you get a spot within 8 weeks of your first appointment for it to be free. Should you be unable to attend your free touch up within 8 weeks, there will be a charge for it.
- 6 month touch-up \$150.00. Touch-ups within 6 months of the last appointment.
- **7-18 month touch-up \$250.00.** Touch-ups within 7-18 months of the last appointment.
- 19 months and beyond Full price.



Combo Brows (Microblading & Shading)

- New clients \$600.00. Price includes the in-appointment consultation, 6 week touchup, brow shaping, and After Care Kit. There is a non-refundable \$100 Booking Fee to secure your appointment; the fee counts towards your total. Touch ups must be scheduled in advance to ensure you get a spot within 8 weeks of your first appointment for it to be free. Should you be unable to attend your free touch up within 8 weeks, there will be a charge for it.
- 6 month touch-up \$150.00. Touch-ups within 6 months of the last appointment
- **7-18 month touch-up \$250.00.** Touch-ups within 18 months of the last appointment.
- **19 months and beyond -** Full price.



Powder Brows (Microshading)

- Microshading (shading) can be added to any Microblading appointment (to create Combo Brows) for an additional \$50.00 or done alone as Powder Brows.
- Powder Brows: New clients \$550.00. This price includes the in-appointment consultation, 6 week touchup*, brow shaping, and After Care Kit. Touch ups must be scheduled in advance to ensure you get a spot within 8 weeks of your first appointment for it to be free.
- **6 month touch-up \$150.00.** Touch-ups within 6 months of the last appointment
- 7 18 month touch-up \$250.00. Touch-ups within 7-18 months of the last appointment.
- 19 months and beyond Full price.



Cover Up of Existing Permanent Makeup

- By consult only. Please contact me to discuss BEFORE booking. If you have ever had permanent makeup on your brows before, you must let us know prior to booking so we can make sure it can be covered.
- This is true no matter how light they look to you, or how long it's been since they were done.
- We can also discuss Saline Tattoo Removal if I'm not able to cover your existing permanent makeup.





Payment Policy

- Forever Brows & Beauty accepts all major credit cards, PayPal, Venmo, debit cards and cash. No checks or money orders please.
- All appointments require a non-refundable \$100.00 booking fee. This booking fee goes toward your total investment and holds your spot on the calendar. After selecting a date and time, you will receive an invoice via email. You can pay your invoice by debit or credit card. Your appointment is not booked until you have paid the invoice.
- Please review my cancellation policy below prior to booking.

Cancellation Policy

Please read this policy before booking any appointments at Forever Brows to make sure you fully understand.

The reason for this policy is that I remain very booked for all services, with some clients waiting many months to be seen. While I am ever so grateful for my wonderful clients, timely and efficient service is necessary for me to provide outstanding customer service. If you fail to comply with these policies I am unable to service everyone in a fair and efficient way. Customer satisfaction is my highest priority, and these policies exist to give all clients the absolute best experience possible. I am so thankful for your business and welcome any inquiries about this policy!

For all permanent makeup appointments, a 48 hour notice is required to cancel or reschedule your appointment. I just ask that you please call and let me know, (voice mail if necessary), text or email me at least 48 hours prior to your appointment time to cancel or reschedule. Should you fail to cancel or reschedule your appointment at least 48 hours before your appointment, you will forfeit your booking deposit. Should you wish to reschedule your appointment at that point, you definitely can! You will have to pay another non-refundable deposit to book another date.

Should you cancel or reschedule your appointment within 12 hours of your appointment, or no call/no show, you will not only forfeit your booking deposit but also will be required to pay the full balance of your missed appointment cost before you can re-book with us. Once you pay the full cost of your original missed appointment, another deposit must be paid which will go toward the new appointment cost to book another appointment. As usual, the balance of the new appointment cost is due at the time of the new appointment.

Should you cancel or reschedule your free 6 week touch up appointment within 12 hours, or no call/no show for your appointment, you will be required to pay for your touch-up. Touch-up prices are listed in our pricing menu.

If you are over 15 minutes late to any appointment, you will be asked to reschedule, and the same policies above will apply. This is because all clients receive thorough consultations and detailed, precise work. As a result, I will not rush your appointment or others. Therefore, if you are more than 15 minutes late to your appointment you will forfeit your deposit and be required to pay for the balance of your appointment before you can re-book.

There will be no exceptions to this policy. By booking your appointment with Forever Brows, you acknowledge that you have read, understand, and agree to the Cancellation Policy.

Who is a good candidate?

The simple answer is, anyone that wants to have full, beautiful brows all day, every day! That would include busy parents or business people who don't have much time to apply brow make up, active people who don't want to worry about sweating off makeup while working out or swimming, or any person who struggles with getting that perfect shape that the celebrities and YouTube makeup artists always seem to have. Other clients include those suffering from scarring, Trichotillomania, Alopecia and Cancer, or other diseases and disorders that have led to natural hair loss. Let Forever Brows will do all the work for you!

Who is NOT a good candidate?

Allergy to Nickel (allergy test is needed before booking)

Taking blood thinners

Skin irritations near the area such as sunburn or Psoriasis

Taking sun sensitizing medications (ex. Retinol/Retin-a/vitamin A – these need to be stopped at least 2 weeks

before the appointment)

Botox within last 2 weeks

Accutane within last year

History of keloid scarring

Auto-immune deficiencies

People suffering from severe acne

Pregnant women

Chemotherapy patients will need to check with their physician and provide a doctor's note
People with conditions that cause them to bleed very easily (this impacts results)
People with prior permanent makeup may not be good candidates for Mircoblading. This is determined by
consultation.

FREQUENTLY ASKED QUESTIONS

Are you certified and licensed to operate?

Yes! Rebecca is a certified permanent makeup artist; she has received certification from experienced permanent makeup artists and training academies. She has also received extensive training and certification in Blood Borne Pathogens and First Aid as deemed necessary for tattoo artists by the Occupational Safety and Health Administration. It's crucial that you choose not only a certified Microblading artist, but also a licensed one to ensure your health is protected!

Do I need to shave my hair?

No! I will shape your eyebrows as needed with tweezing and choose a color pigment that blends seamlessly with your natural brows.

How are Microblading, Shading and Ombre Powder Brows different than a traditional eyebrow tattoo?

The most common type of traditional eyebrow tattoos involves the use of a lot of pigment and a block style brow, which leaves the client with a dark outlined eyebrow and no depth. These often fade to really unflattering colors. Forever Brows services leave the client with natural looking eyebrows that look real! Careful selection of pigment is chosen to give depth and shape so that the natural brow hairs and permanent makeup blend seamlessly.

Does it hurt?

Every client is different and pain tolerance varies by client. Most clients describe the pain level as minimal and find

tweezing and threading more uncomfortable. At Forever Brows, I use the best topical lidocaine cream available to minimize discomfort. That being said, this is a still a tattoo. You will feel some discomfort. Based on experience, I would describe the feeling a slight burning, astringent like sensation. Very tolerable and worth it!

How long does it take?

The process takes approximately two hours and a half from the moment you walk in the door to completion of your beautiful new brows. The first hour or so is spent designing your new brows and numbing the area. There is no downtime! Occasionally, some clients will have some slight redness and swelling around the area which is very normal and will subside within a couple of hours. Most clients go on about their normal day when they leave their appointment.

What is the healing process?

Some swelling and tenderness after the procedure is normal and may last a day or so, depending on the client. Your new brows will appear **DARKER**, **WIDER**, **AND SHARPER** than the way they will heal. This is especially true for days 2-5. This is harder for some clients than others. Clients who rarely wear makeup may find that they don't like how their brows look on these days because they are too intense. That's normal! The pigment is sitting on top of the skin and has not yet settled into your face. As your skin heals over the tattoo, your brows with lighten and soften. This process takes about 7 days or so on average. It's important to follow all after care instructions and to attend the required follow up appointment to make the finishing touches to your new brows! Your healing is only about 50% in our control. Once you leave it's up to you to be diligent about following the instructions you're given to get the best result! And no matter how great they look, it's important to come for your touch up appointment to get the final result.

How long does it last?

This will vary by client. If aftercare instructions are followed diligently, your new brows will last approximately 18 months before they're mostly faded. For some people, their brows will last even longer. Certain factors such as sun exposure, getting chemical peels, oily skin type, etc. will affect whether your brows will last on the higher or lower end of the expected 12-18 months. Also, some clients really prefer a fresh, bright look. Most clients opt to come in for Color Boosts every 12 months instead of waiting for their brows to completely fade.

Will it look natural?

Absolutely! The technique used at Forever Brows creates realistic, simulated hair strokes and/or powder fill that looks just like a real eyebrow! It's important you choose the right artist that can give you this realistic 3D look. Your brows can be as big and bold or as soft and subtle as you like!

Are there some clients who cannot retain the pigment?

Yes this does happen. Some people have highly effective immune systems that reject the pigment, and some just have highly effect skin healing. It's very rare, but it's important that all clients understand this is a possibility and in most cases, there is no way for us to know if this will take place prior to the work being done. Occasionally, I will recommend a third appointment to further touch the brows up if the client is retaining some pigment after the first touch up, however anything beyond that would likely be too much for the skin and the client would likely not be a candidate for further permanent makeup.

Should I wear makeup to my appointment?

Ideally yes. I would like to see how you look normally to help design your brows. It's helpful to see how you wear your makeup and hair, and what style of dress you choose. Also, I like to see how you do your brows and what color you use, if you're used to filling them in on a regular basis.

See the next section for brow After Care Instructions and the healing process!

Healing Process for Brows



Day 1: OMG! I'm in love with my new brows. Thank you!



Day 2-4: I don't like this color, it's too dark.



Day 5-7: Oh, no! My brows are scabbing and falling off.



Day 8-10: WTF? My brows are gone!



Day 14-28: Thanks God my brows are coming back! Still looking patchy and uneven.



Day 42 (after touch up): Aww, they're beautiful! I love them! Thanks again!



Forever Brows Aftercare and Healing Process

MICROBLADING, SHADING AND OMBRE BROWS PREPARATION

Preparation is key for the best results. Follow the steps below for the best results, including before all touch ups.

- Avoid alcohol, caffeine, Aspirin, or Ibuprofen for 24 hours before the procedure.
- Because Botox can alter the position of your brows, it should be performed no later than at least 2 weeks prior to your appointment.
- Discontinue Vitamin A/Retinol products at least two weeks prior to treatment.
- Discontinue Fish Oil or Vitamin E one week prior to treatment.
- Thoroughly read all the forms given to you at the time of your appointment and ask any questions you
 may have.
- Be sure to advise me of any allergies, medical conditions, prior permanent eyebrow make-up and prescriptions you take <u>prior</u> to your appointment.

AFTERCARE

It usually takes around 7-10 days for the skin to heal. However, you should follow the After-Care until you skin is completely healed. Your skin is healed when all flaking and/or scabbing is gone.

Day of treatment: ABSORB

With medium pressure, blot the area with clean tissue to absorb excess lymph fluid. Do this every 5
minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph,
thus helping to prevent scabbing. Blotting is key!

Days 2-10 (until the scabbing stops): WASH AND MOISTURIZE

- Gently rinse your eyebrows each morning and night with water and a gentle soap (ex. Dial, baby shampoo, Cetaphil). With a light touch, use your clean fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.
- Apply a rice grain amount of Aquaphor with a cotton swab and spread it across the treated area as
 needed. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment
 should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.
- <u>Do not rub or pick at your brows. This can cause scarring, blurring, and/or infection. Should there be</u> any scabbing, let them fall off naturally.
- Aside from your daily gentle washes as noted above, do not soak your brows in water until healed (ex. bath tub, sauna, pool, or hot tub). When washing your face, wash around the brow area. Showers are fine, but limit them to five minutes to prevent too much steam around the brow area.
- Avoid facials, chemical treatments, and Botox for 4 weeks.

- Aside from your daily gentle washes as noted above, do not soak your brows in water until healed (ex. bath tub, sauna, pool, or hot tub).
 When washing your face, wash around the brow area. Showers are fine but limit them to five minutes to prevent too much steam around the brow area.
- Avoid facials, chemical treatments, and Botox until your brows are healed.
- · Do not allow makeup, lotions, or other products to touch the treated area. No brow makeup until healed!
- Stay out of direct sunlight and tanning booths. You can go outside of course! Avoid laying out at the pool or a beach until your brows are healed. If you are going to the beach or pool wear a hat that shields your brows from the sun until you're healed, like a visor or baseball cap.
- Consult a physician if you have ANY signs of infection, which could include redness in the brow area (aside from the first few hours after your appointment), foul smell, green or yellow discharge, and/or fever.

LONG-TERM AFTER-CARE - AFTER YOUR SKIN HAS HEALED

- Inform your technician of your semi-permanent brows at the time of any laser procedures or MRIs.
- Always use a good sunscreen to protect your brows from fading caused by sun exposure. Extreme sun exposure can and will fade your pigment. This can be minimized by applying a good sunscreen of at least SPF25.
- Be aware that the use of chemical peels, exfoliants, strong facial products and bleaching agents in the forehead region can expedite the fading of your semi-permanent brows.

HEALING STAGES

- <u>Day 1:</u> Your brows look great! Some clients may feel their new brows look a little harsh and bright, but this will soften as they heal. Redness and puffiness will dissipate within a couple of hours. Minor soreness may remain, but typically no medication or ice is needed.
- <u>Days 2-4:</u> Your brows may feel darker and bolder than intended. This is temporary and will only last a few days on average. To better balance out your face on these days, wear a little extra face makeup!
- <u>Days 5-7:</u> Your brows may begin to flake or scab and fall off. This step is normal and necessary. Whatever you do, **do not pick at your brows**. Let them naturally flake off.
- <u>Days 8-10:</u> Your brows may appear several shades lighter once the scabbing is gone. It's common to worry that something is wrong. If you're following the aftercare fully, this is very normal. The top layer of skin is fresh and is muting the pigment.
- <u>Days 12-28:</u> Your brows will begin to appear darker and you may feel relieved to see some of the color returning. It's common to be slightly patchy in spots, and to feel that your brows aren't dark enough. Some people also notice small things they want to change about their brows such as making them slightly bigger, or making one higher or lower, etc. Not to worry, that's why we have touch up appointments!

Should you have any questions or concerns, please call/text Rebecca at 513-223-3220.

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